Speaker: Jack Canfield

Topic: Passion Purpose & Profits

What brings me the most joy?

How can I align my business, career and daily activities with what I enjoy most?

What am I attracted to? What inspires and excites me?

"I think whether you call it inner guidance or following your soul's impulse, or trusting your gut or your intuition, whatever that is, if you do that, then you're going to have success and you're going to have fulfillment"

What's my definition of success?

What's my definition of fulfillment?

What beliefs about success do I need to let go of?

What do I want most? How can I experience that now?

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"There is a spiritual essence within us. Call it your soul; call it your purpose; call it your natural being, your wonder child, whatever; and that is wanting to radiate out."

What do I love, admire, appreciate, and respect about myself?

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_____
_____
_____

"I think for a lot of times, people have tried to be this perfect person and not own the essence of who they are, and that sometimes I can have feelings and I can be lost, I can be depressed."

What makes me happy? When in my life was I the most happy? What was I doing?

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_____
_____
_____

What's my ideal vision for each area of my life?

Health:

Relationships:

Money:

Career:

Spiritual:

Other:

How do I second guess myself or deflect my intuitions?

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_____
_____
_____

What can I do to inspire more positivity in my life?

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_____
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What can I remove from my life that isn't supporting me?

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Jack's Top 3:

1. Accept things the way they are

2. Rule of Five: Every day do five specific action steps toward the achievement of your number one purpose, intention, or goal

3. Ask for what you want from a place of gratitude (not lack)

Bonus: Hang out with people who have done what you want to do and learn from them how they did it

Notes:

If more success and personal fulfillment is what you're seeking, Jack Canfield can help you get from where you are to where you want to be.

As the beloved originator of the *Chicken Soup for the Soul*® series, he's personally taught millions of individuals his unique and modernized formulas for success and is an internationally recognized leader in peak performance strategies.

It doesn't matter if your goals are to be the top sales person in your company, become a leading architect, lose weight, become a better parent, increase confidence, buy your dream home or make millions of dollars – Jack can help you develop a clear, personal plan of action that will completely transform your life into exactly what you want it to be.

For more than 40 years, Jack has been teaching, training and coaching entrepreneurs, educators, corporate leaders, and people from all walks of life (and of all ages, cultures and backgrounds) to create the life they desire.